

# The Sompting Scoop

## Editor's Welcome

Welcome to the fourth edition of the Sompting Scoop, and believe it or not it has been a whole year since we got the magazine up and running with Issue One! I bet you won't be able to put this one down. Happy reading on the first anniversary issue of the Sompting Scoop!

*George Bryant-Nichols*

## Ellie Fisher-Shah makes it through to the British Science Week Poster Competition Finals "Again!"

**Ellie Fisher-Shah** was shortlisted for the national finals of the British Science Week Poster Competition "Again" after her triumph in getting on the shortlist last year. It takes a humongous effort to make a poster worthy of reaching the finals of this *national* competition, and we applaud Ellie on her excellent effort in this competition. This year's theme was "Change". The School have history with the

competition, with Pru Thomas from the same year winning the "Intermediate 2" category in 2015 with her "Tree" poster and 2016 with her "Amazon Rainforest" Poster. Thanks to our excellent Science teacher Miss Scale for her inspiring lessons, and also thank you to our equally inspiring Art Teacher Mrs Strachan for her great support in Art lessons.

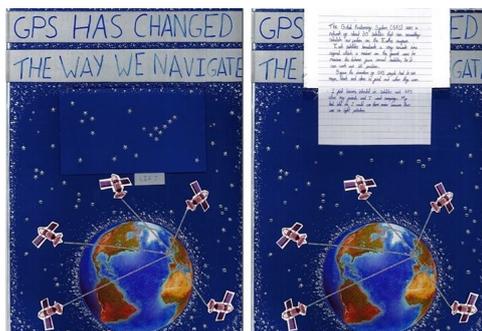
*Below: Ellie's "GPS" (left) and Pru's "Amazon Rainforest" (right)*

### Inside this issue:

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### Special points of interest:

- Ms. Farley reveals all in an action-packed interview.
- Cricket extraordinaire Harry Jeswani reveals why cricket is so enjoyable for him.
- Head over to page six for some mind-blowing fun facts.



## Interview with the teacher - George Bryant-Nichols

**This Issue I interviewed Maths Teacher Ms. Farley!**

**Many may think you are new to the School but we have heard that you were here a while before and that you have now come back for a "second spell". What's your history with the School?**

*I came to Sompting Abbots in September 2001, when I moved down from London, and left in January 2007, exactly 10 years before my 'return'. In my previous role I taught Maths as I do now, took the senior girls' games and was form teacher for the year 8 'blue group'.*

**If you couldn't teach Maths, what other subject would you teach and why?**

*My other degree subject is Sports Science, which complements the PE teaching, but my Masters teaching degree focused on Maths and dyslexia and I enjoy the special education side of teaching. However, drama has become a feature in my life now and this would be an area I hope to develop. I think drama can be a way to help understand life (like all the arts) and the connection with students is very different than 'Maths in the classroom'.*

*It's a way to explore different aspects of ourselves, a way to integrate our hearts and souls not just our academic minds*

**Have you got any hobbies you love to do when you're not teaching, and why do you like them so much?**

*At the moment I am so busy I hardly have time for my hobbies, but I do make sure I still attend a drama group where we practice the 'Meisner technique'. It is a way to express myself and interact with others in a way I never have the chance to in day to day life.....'let it all out!' I love to go to the theatre to watch dance, particularly South American and African styles...again it's the passion and vibrant expression. I'm involved in all kinds of personal development groups, which give me a lot of inspiration to see people face their personal challenges and find a way through. I love to read and have a library of books on American crime fiction and also new thought spiritual philosophies. When I get the chance I still like to go 'clubbing' to dance to old 'skool jazz, funk, soul. I love my 'tunes'!*

**Are you an early morning per-**

**son or are you more of a person who craves sleeping in?**

*I'm desperate for a lie in!*

**What did you dream to be when you were in School? Did you always want to be a Maths teacher?**

*I dreamed I would be a professional sportswoman. My dad had some work at West Ham United football ground and as a little girl I used to stand at the tunnel and hear the crowd roar as the footballers ran on the pitch and I wanted that! However, I soon realised that as a netballer that wasn't going to happen. Even though I ended up playing at national level we rarely had a crowd. It's good to see women having more professional opportunities in a wider range of sports today. Since I was little I always helped my friends with their Maths; I never planned to be a Maths teacher but it seems like my destiny!*

**What is your fondest memory of the School from your "first spell"?**

*I have soooooo many, which is why I am very happy to come back to Sompting Abbots. Some of the students had great comic timing and even with my best efforts to keep a teacher*



*'straight face' I remember nearly crying with laughter a lot of the time. I have kept all the cards (big art pieces) that the children made for me when I left. I also had some really good friends on the staff team and had quite a few giggles in the staffroom. I have a very vivid memory of Mr Mac dressing up in one of the boys red tracksuit for a Xmas concert, which was absolutely hysterical! Also the girls games was very successful and it was great to be part of their sporting development. I think that even though we all have our ups and downs Sompting Abbots is a very kind school and it has always felt like home to me.*

**I've heard you're quite into your sport, what is your favourite sport to play and why?**

*My favourite sports were netball and athletics (sprinting). I absolutely loved the training for both - short, hard and fast drills. I loved the teamwork aspect of playing netball. I played defence and had good timing, was very fast and could jump really high. There was nothing like the feeling of making the interception that no-one thought you could make and turning a game around. I also loved training on the track for athletics, There was always something 'theatrical' about it. I think when you excel at a sport it gives you a thrill that is hard to explain to non-sports people.*

**Do you like to travel and if so, where is the most exotic place you have ever been?**

*Yes I love to travel. What seemed the most exotic place I went to was Barbados when I was 20. I was selected to play for NW England netball team and we 'toured' the island. I didn't travel abroad as a child so I had very little ex-*

*perience and to go to such a different place was amazing. Also back then only very rich people tended to go to the Caribbean on holiday. The local children hadn't seen many white people (especially with funny hair) close up and used to run beside us laughing and pointing. I was amazed by the white sand and blue sea and loved loved all the reggae music everywhere!*

**Are you the adventurous type or do you prefer the safety of your front room? What is the most exhilarating and adventurous thing you have ever done?**

*Oh gosh George, what a question! I've done lots of exciting things in my life. I'm a bit of a 'yes' girl. I think touring with a very famous band in the 80's was pretty adventurous. But the most exhilarating was going off to the masters British Athletics championships...and getting 2 gold medals... I couldn't believe it!!!*

**To round up this interview, a question we ask all the teachers, what is your favourite school dinner? (be honest!)**

*To be honest I'm not really a foodie (you may have noticed I'm more of a cup of tea girl) and am just grateful to be fed at lunchtime. I'm a veggie and the dinner ladies make me lots of nice vegetarian meals. I do look forward to the ice cream....does that count?*

*George - thank you so much for the interview ... you made me think!*

**George Bryant-Nichols**  
**(Editor)**

## David Maloney - School Cross Country Report

“On a lovely sunny March afternoon the school's annual house cross country took place, many people were hesitant to run; some developing twisted ankles out of the blue during the day. I was feeling great about it and I had done lot's of training to prepare. When the afternoon of the run came I sprinted down the terraces to where we were starting the race. Feeling ready, I set off at a steady pace, steadily outpacing the people who

had set off before me too fast. The first lap was easy but then it got harder; I pushed through this and went on to become the fastest out of year seven and eight. Overall it was a great run and a really enjoyable experience. I am sad to say that unfortunately that was my last year running it as at the end of this year I am going onto my next school. Huge thanks to Mr Mac for organising it.”

***David Maloney, Year Eight***



## U12 Table Tennis Fixture vs LPW

One thing that Sompting pupils really excel at in sport is table tennis. Early room is full of children running round the table tennis table, playing around the world. We play it every day which means over time we become really good at it.

On the 5th of June, nine members of year seven engaged in a fiercely fought round robin against a team of eight players from Lancing Prep

Worthing. We played 36 games and Sompting won by 34 games to 2! We were playing games of first to 11 points which is the standard format of a table tennis match. It's always nice to win something comfortably and table tennis really is our game!



## Why I like Cricket So Much - Harry Jeswani

***In this article, our resident ten year old cricket extraordinaire Harry Jeswani reveals why he likes cricket so much and why people should try the sport.***

I love cricket because:

It is played in the summer so it's usually warm and sunny, so not many games are called off.

I love making friends at matches.

It's a great team sport so when everyone works together we succeed.

It has different game formats

which cater for different ages and skill levels

You can play cricket at any age.

You can practice anywhere and with any one

I like competitive games so cricket suits me.

You need people with different skills to make a team.

***Harry has experience at U11 Sussex Western Warriors and has been picked for the second year running. He knows his stuff!***



***"You need people with different skills to make a team." Harry Jeswani***

## Girls make up the team for U11 Cricket match!

***The year five girls joined forces with the year five boys to make up a team for their fixture against Windlesham, standing in for the year six boys who were off camping in the School grounds. Let's hand over to cricket extraordinaire Harry Jeswani for the scoop...***

Today the year 5's played cricket against Windlesham house school on the 7th June.

We bowled first. In her over

Ines got 5 wickets and Ewan got lots too! The fielding was good and the bowling was accurate, so the batsmen could not get many runs.

In the end Windlesham got 31 runs.

When we came into bat we were really positive and that payed off because the first pairs batted really well and scored 31 runs. Reece stood out for his loud calling and running between the wickets.

When Millie and I came into bat at the last pair the scores were level so I thought we'd give the ball a smash. I hit 6 4's and 2 runs to get 26 runs and Millie got 5, so we won by 31 runs.

My girl of the match was Ines for her over of 5 wickets and my man of the match was Reece for his great efforts on his first match with us.

***Harry Jeswani***

## Strange but True!

***I asked many pupils for some "Strange but true" facts - these are some of the best ones who came back!***

*Humans produce tears of three different types: You have basal tears which flow constantly to keep our eyes from drying out, reflex tears which protects our eyes from irritants in the air such as smoke and dust, and emotional tears which flow when you are sad.*

***Aran Sanghani, Year Seven***



*A single violin is made from over 70 individual pieces of wood.*

***Millie Bryant-Nichols, Year Five***



*When getting a new car, choose one that is silver. The colour is most visible on the road and least likely to get in an accident.*

***Eamonn Melaniphy, Year Five***



*Handshakes were originally meant to make sure that the person you were meeting wasn't carrying a concealed weapon. The hand clasp proved that your hand was empty and shaking was meant to dislodge any weapons hiding up the sleeve.*

***Eamonn Melaniphy, Year Five***



## Free and fun - Beat the Street

A gigantic walking and cycling game in and around East Sussex! People who participate are rewarded with points and prizes. Want to know how you can play? Well read on now! The street game will be played until July 26 so you've got time to play! There will be over 400 special sensors

called "Beat boxes" distributed around East Sussex. Players can pick up a street card at a library or leisure centre and the aim of the game is to swipe as many beat boxes as you can! The aim of the campaign is to get more people active by encouraging them

to walk, run or cycle more. Players can create their own teams of friends and join existing teams. Have a try because it's healthy, and fun - two very important things!

For more information go to their official website:  
([rct.beatthestreet.me/rct/home](http://rct.beatthestreet.me/rct/home))

## Screen Free Things To Do

*How about getting out in the upcoming holidays and trying something new this summer? Here's some ideas to get you away from the screens, into the great outdoors!*

### **BUILD A DEN**

You might be familiar with building a den out of cushions under the dining room table, but if you have outgrown that and are looking for a bit more of a challenge, how about building a den in the great outdoors with branches and leaves. The Eden project website has some great tips on what you can use and how you go about building an outdoor den. ([www.edenproject.com/learn/for-everyone/how-to-build-your-own-den](http://www.edenproject.com/learn/for-everyone/how-to-build-your-own-den))



### **BUILD AND FLY A KITE**

Something else you may not have done in a while, or ever - kites are really inexpensive and great fun, you can even make your own if you are feeling adventurous! For information and safety tips head on over to this website:

([www.thekitesociety.org.uk](http://www.thekitesociety.org.uk))



### **NATIONAL TRUST 50 THINGS TO DO**

The National Trust has compiled a very useful list of 50 things that children should do in the great outdoors. There are so many different creative things for everyone to do, no matter what your age is, there will be something for you! To take a peek, follow this link to the list on their website: [www.nationaltrust.org.uk/documents/50-things-activity-list-pdf.pdf](http://www.nationaltrust.org.uk/documents/50-things-activity-list-pdf.pdf))



**National  
Trust**

## Summer Fayre - Extended coverage!

This year's fayre was excellently organised by Kerry Wilson-Thompson, ably assisted by a team of committed parents who not only made the fayre possible but also one of the best we've ever had! There was something for everyone: from the dog show which is a fond favourite every year, to a live band. Set up started as early as 11:30 where parents and some children arrived to set up stalls for the 14:00 kick off time. Everyone was rushing around; bringing down ham-

## Dog Show Winners!

The Dog Show as always was a highlight of the fayre. There was twenty entries to the Dog Show. All shapes, sizes, and breeds of dog were included: from small terriers to a big mountain dog. The show was run by Sarah Eve with Mrs Sinclair as the judge. The seven categories included: Best junior handler, Best female dog, Best male dog, Waggiest tail, Fastest recall, Dog most like their owner, and Best in show. The prizes were well shared out and the most fun to watch category was the Fastest recall, where the dogs lined up with someone else, opposite to their owners, and when Sarah's whistle was blown, the owners had to recall

pers, erecting gazebos, looking for football goals, making Pimms, and admiring the luscious cakes that people had made and donated - ranging from cupcakes to gigantic showpieces. Everyone who came early was busy helping and I'd like to thank them on behalf of the School for their efforts. Everyone was craving the 14:00 kick off for different reasons: some wanted to get their hands on the sweetie jars on offer, some

wanted to get on the fastest goal leader board to win a football, some wanted to sit in the sun with a burger, and all of the dogs had their eyes on the fantastic doggie treats on offer for the winners of the dog show categories! The crème de la crème was the fantastic weather that we had, the day was absolutely glorious!



Dog mania! Many brought their dogs for this prestigious show!

their dogs and the winner was the dog who came back to his/her owner the fastest. It was very funny because many dogs went to the wrong owner and many didn't go at all!



The dogs were very excitable but some of the owners were more

Winners as follows:

Best Male Dog: Quinten

Best Female Dog: Cilla

Best Young Handler: Clover  
(Owned by Devon)

Fastest Recall: Izzie

Waggiest Tail: Chloe

Owner Look-alike: Riley with  
Mrs Dyer

Best in show: Clover

## Fastest Goal Wins

We have a lot of football lovers in our School and they were the ones who battled it out in the Fastest Goal stand. The most fiercely fought category was the years 3-5 category. At one point near the end of the fair Harry Jeswani and Sutirth Kanaparathi were joint leaders in the 3-5 category with 37 MPH, but when Harry found out his lead had been equalled, he came back to the stand and scored a rocket of a goal which was 41 MPH. Barney Jeswani comfortably took the Pre Prep category with a shot of 32 MPH and Jonny Townsend won the 6-7 category with a shot of 39 MPH. The men also battled it out for some beer and the top four were awarded some by Mr Douch after the raffle. The fastest goal of the day was 49 MPH from Martin Bryant-Nichols!



The stall, ready to receive some more people trying to get the fastest goal!

## Picture of the Fayre in all its glory!



## Sweetie Jars and Ice Cream

The sweetie jars are a firm fixture in the enjoyment of the children at every summer fayre and this one was no exception! Kids flooded to the stall to try their luck at picking out a lucky ticket to win a jar crammed with delicious varied sweets prepared by parents, sent for the stall. No-one can resist a jar filled with sweets can they?

Every year the parents who are running the fayre always make sure they get an ice cream van because almost everyone enjoys a good ice cream! Lots of children came past our stall with Mr whippy ice cream all around their faces!

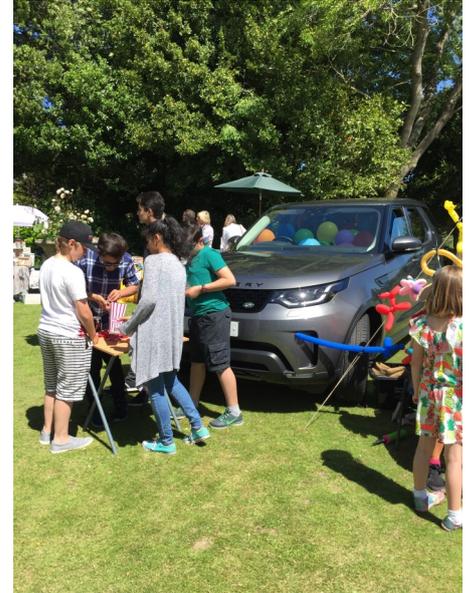


## Live Music from Horizon X

We had some brilliant live music from Horizon X to enjoy on the day. They were a drum-guitar-singer trio and there were lovely sounds coming from under their gazebo for the duration of the fair. The parents in charge made a good choice on which band to have for the fayre! A new, up and coming band, and I'm sure we'll see more of them in the future.



## Picture Page - All the highlights in pictures!



## Lego Card Swaps - Free card swaps in school!

Looking for those last few cards to complete your Lego card collection? Well here's how you can get your hands on those last few cards! At the

fair there was a Lego card swap-shop stall which raised an amazing £48 by selling those elusive cards to avid collectors! There are loads

left over which children can help themselves to at School, to be found on the round table. I'm sure you will find that missing card in there!



## School Election 2017 - The Scoop

Every time there is a National Election Year 5 run their own school election. The last one was run last year to mirror the Brexit campaign.

In this year's School Election there were three main parties: The SFE, The Big Change, and The Help for Hospitals. Sompting Abbotts pupils would vote for their winner on the 8th of June. Here is the low down for each of the parties.

### The Big Change Party

The Big Change were a very ambitious party who based their campaign on getting homeless people off the streets and giving them homes and warm meals.

They had strong backing in the School and they were probably most people's favourites to win. Their only concern was that their many supporters might not turn up to vote. Not many at all turned up to their rally on the 25th of May. A strong party with strong backing,

**Party members: Ewan, Alex, Will**

### The Help for Hospitals Party

The Help for Hospitals Party

based their campaign on NHS funding and hospitals which was a very relevant issue in today's news and it was a very powerful and appealing idea. However they didn't have the backing that the Big Change had in the School (In my opinion). The party put considerably more effort into campaigning and they were hoping that their ideas could win over the votes of the School. They had a good rally, however there was a small turn out of supporters as with the Big Change Party. **Party members: Harry, Eamonn, Archie**

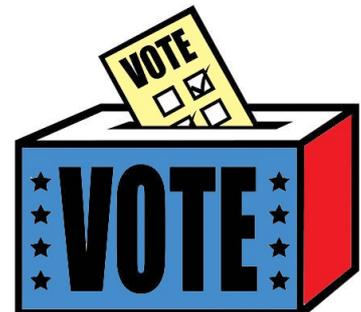
### The Sports for Everyone Party

The SFE had an idea that was appealing to most school children in their ethos of "We will let everyone play the sport they want." They are an all-girls party and so naturally they expected to win most of the votes of the girls, which put them in a very strong position for the election. They had the largest turn out at their rally - indeed their presentation was quite short,

but regarded as short and sweet by their mostly girl supporters. Also a strong party with strong ideas.

**Party members: Millie, Paris, Ines**

After reading these party previews, who do you think edged the vote? Look down to see if your prediction was correct!



Results...

### HUNG PARLIAMENT

**The Big Change: 20**

**Help for Hospitals: 12**

**The SFE: 18**

The Big Change have the most votes but they do not have enough for a majority. They will either have to go into a coalition with the SFE or Help for Hospitals to get their 26 or there will have to be a re-election!

## Puzzle Page

*This issue Ewan Roberts has done a Star Wars word search for all of you Star Wars fans out there. Good luck and may the force be with you (That's a bit hammy isn't it)!*



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G	R	A	T	N	H	A	U	B	Y	A	I	U	B	T	R	H	M	W	I
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F	O	R	C	E	S	T	O	R	M	T	R	O	O	P	E	R	N	O	T

- 1.) BOBA FETT
- 2.) DROIDS
- 3.) TIE FIGHTER
- 4.) HOTH
- 5.) JABBA THE HUTT
- 6.) CANTINA
- 7.) EMPEROR
- 8.) PRINCESS LEIA
- 9.) SITH
- 10.) STORM TROOPER
- 11.) JAWA
- 12.) OBI WAN
- 13.) X WING
- 14.) TATTOOINE
- 15.) CAPTAIN NEEDA
- 16.) ENDOR
- 17.) LUKE SKYWALKR
- 18.) YODA
- 19.) LIGHTSABER
- 20.) GRAND MOFF TARKIN
- 21.) CHEWBACCA
- 22.) EWOK
- 23.) DARTH VADER